

## CITIZENS COMMISSION ON HUMAN RIGHTS

The Citizens Commission on Human Rights (CCHR) was established in 1969 by the Church of Scientology to investigate and expose psychiatric violations of human rights, and to clean up the field of mental healing. Its co-founder is Dr. Thomas Szasz, professor of psychiatry emeritus and an internationally renowned author. Today, CCHR has more than 130 chapters in over 30 countries. Its board of advisors, called Commissioners, includes doctors, lawyers, educators, artists, business professionals, and civil and human rights representatives.

CCHR has inspired and caused many hundreds of reforms by testifying before legislative hearings and conducting public hearings into psychiatric abuse, as well as working with media, law enforcement and public officials the world over.

### FOR FURTHER INFORMATION:

CCHR International  
6616 Sunset Blvd.  
Los Angeles, CA, USA 90028  
Telephone: (323) 467-4242  
(800) 869-2247 • Fax: (323) 467-3720  
[www.cchr.org](http://www.cchr.org)  
e-mail: [humanrights@cchr.org](mailto:humanrights@cchr.org)



## CREATING RACISM PSYCHIATRY'S BETRAYAL



A Public Service Report from  
Citizens Commission on Human Rights



## MESSAGE FROM ISAAC HAYES

Psychiatric programs and drugs have ravaged our inner cities, helping to create criminals of our young people, and all because psychiatrists and psychologists were allowed to practice racist behavioral control and experimentation in our schools, instead of leaving teachers to just teach.

CCHR has a commitment to improving conditions in the mental health field by exposing abuses like this. That is why I became a Commissioner of their organization and why I ask that you listen to what they have to say.

— Isaac Hayes, Academy Award-winning composer, musician, actor and a Commissioner with the Citizens Commission on Human Rights International

behavior; high mercury levels in the body also may cause agitation; bad food or poor nutrition can create anxiety and other behavioral or mental problems.

The drugging of our children is only one aspect of psychiatry's assault on minorities or other racial targets, and protecting our children requires great vigilance from all parents. But the psychiatric profession has a financial interest in ensuring that racist ideas continue to influence our society. The way to ensure freedom from their consequences is to continue to identify and limit the influence of the exact source of this social poison—psychiatrists and psychologists.

## RECOMMENDATIONS

**1** If you do have a problem, talk to someone you trust – a parent, brother or sister, teacher, minister, or a friend. Get *real* help, not psychiatric and psychological betrayal.

**2** If anyone you know is exhibiting emotional problems, a competent and caring non-psychiatric physician needs to be found who will conduct a thorough physical exam to determine whether an untreated physical condition is the cause of the problem.

**3** If you are aware of a psychiatrist abusing a friend or family member, file a complaint with the police against any offending psychiatrist and his or her hospital, associations and teaching institutions. CCHR can assist you.

**Caution:** No one should stop taking any psychiatric drug without the advice and assistance of a competent non-psychiatric medical doctor.



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## CHAPTER THREE CREATING A BETTER FUTURE



In 2003, in response to today's "mental slavery"—psychiatric labels and drugs—the National Association for the Advancement of Colored People (NAACP) unanimously passed a resolution supporting U.S. legislation that would protect children from being forced onto psychiatric drugs in schools. A proper examination must be performed to determine if an undiagnosed physical problem is causing any child's unwanted behavior.

The numerous factors that fit the "ADHD" criteria, but which can be accurately diagnosed as allergic reactions or vitamin/nutritional deficiencies, include: High levels of lead from the environment, which can place children at risk of both school failure and delinquent

## INTRODUCTION CREATING RACISM

In the U.S., African-American and Hispanic children in predominantly white school districts are classified as "learning disabled" more often than Whites. This leads to millions of minority children being hooked onto prescribed mind-altering drugs to "treat" this "mental disorder." And yet, with early reading instruction, the number of students so classified could be reduced by up to 70%.<sup>1</sup>

African-Americans and Hispanics are also significantly over-represented in U.S. prisons.

In Britain, black males are 10 times more likely than white men to be diagnosed as "schizophrenic," and more likely to be prescribed powerful psychotropic (mind-altering) drugs.<sup>2</sup>

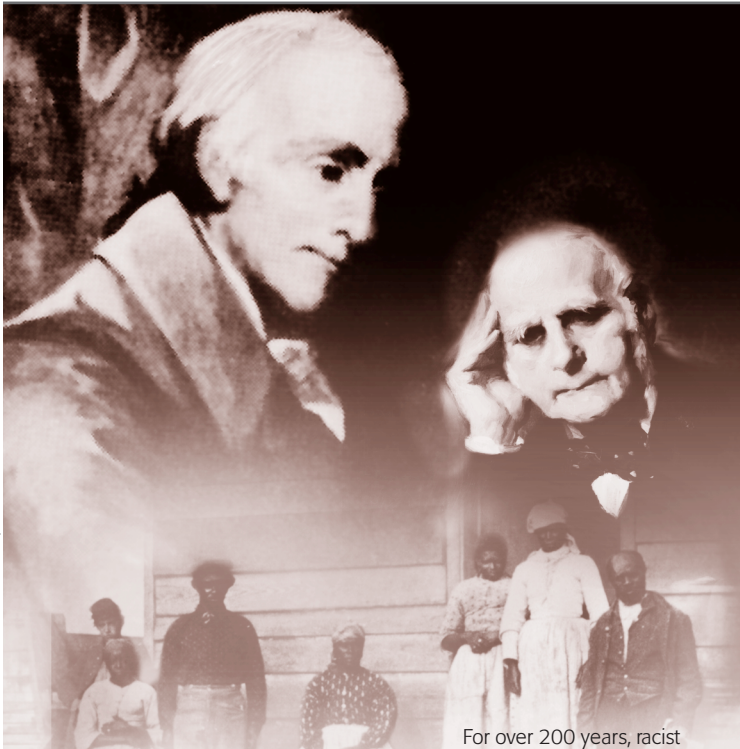
Around the world, racial groups continue to come under assault. The effects are obvious: poverty, broken families, ruined youth, and even genocide (deliberate destruction of a race or culture). The truth is we will not fully understand racism until we recognize that two largely unsuspected groups are fostering racism. These groups are psychiatry and psychology.

This publication is designed to raise awareness among individuals about this harmful influence. Not only can racism be defeated, but this is vital if man is to live in true harmony.

Jan Eastgate, President,  
Citizens Commission  
on Human Rights International

Psychiatry and psychology's racist ideologies continue to light the fires of racism locally and internationally to this day.

## CHAPTER ONE THE HISTORY OF 'SCIENTIFIC' RACISM



For centuries, psychiatry and psychology have provided the “scientific” justification for racism and the resultant abuse, assault and genocide of targeted races and groups.

In 1797, psychiatrist Benjamin Rush, the “father of American psychiatry,” declared that the color of Blacks was caused by a rare, inherited disease called “Negritude,” which derived from leprosy. Rush said that the only evidence of a “cure” was when the skin color turned white. This “disease” was used as a reason for segregation, so that Whites would not be “infected.”<sup>3</sup>

In 1851, Samuel A. Cartwright, a white

For over 200 years, racist theories, such as those promoted by psychiatrist Benjamin Rush (left) and psychologist Francis Galton, have been used to justify discrimination.

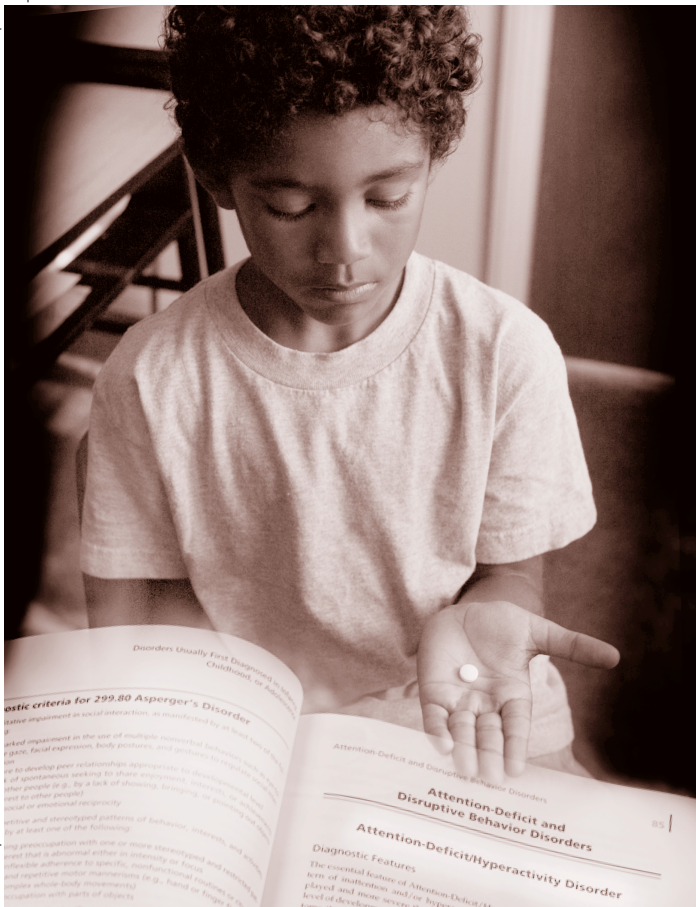
Kutchins, co-author of *Making Us Crazy*, “Defenders of slavery, proponents of racial segregation ... have consistently attempted to justify oppression by inventing new mental illnesses and by reporting higher rates of abnormality among African-Americans or other minorities.”

Psychiatrists literally “vote” on whether or not a group of symptoms should be considered a “mental disorder” for inclusion in the *DSM*. They have also dreamt up unproven theories, such as chemical imbalances in the brain, to justify child drugging. There is no such thing as a chemical imbalance. Dr. Mary Ann Block, author of *No More ADHD*, points out, “The psychiatrist does not do any testing. The psychiatrist listens to the history and then prescribes a drug.”

There are numerous side effects and risks with the drugs prescribed for so-called ADHD. Ritalin, the main drug prescribed, is more potent than cocaine and classified by drug oversight agencies as being as harmful and addictive as morphine and opium.

Fred Shaw, president of the Compton branch of the National Association for the Advancement of Colored People (NAACP), who owns and manages group homes (alternatives to prisons) for boys, says: “Black teenagers who are labeled as inferior, have been given substandard education and are told there is something wrong with their brains which requires mind-altering ‘medication.’ They have no hope and see no future. It’s a recipe for crime and suicide.”

Black students are three times more likely than white students to be labeled mentally retarded. While black students account for only 16% of the U.S. student population, they represent nearly 32% of all students in programs for mild mental retardation.



More and more children are being diagnosed with ADHD, a “disease” that has never been clinically proven to exist, but a profitable one for the mental health industry.

millions of children onto mind-altering psychiatric drugs by labeling them with “learning disabilities.”

In an Internet article, Gary Orfield wrote: “The disproportionate placement of black males into special education classes has created a ‘ghetto within a ghetto.’ For a lot of these kids, this is a direct path to jail. This is taking a bad problem and putting it inside another even worse problem.”

Psychiatrists and psychologists use the American Psychiatric Association’s *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)* to justify these abuses. According to Professor Herb

## ENSLAVING CHILDREN WITH DRUGS

For minorities, today’s Special Education means continued, yet covert psychiatric racism. It is a means for hooking

Louisiana physician, claimed two mental diseases peculiar to Blacks which justified their enslavement. One was *drapetomania*, [*drapetes*, a runaway slave and *mania*, meaning crazy] and the other, *dysaesthesia aethiopsis* [impaired sensation]. Dr. Thomas Szasz, professor of psychiatry emeritus wrote, “Cartwright claimed that [drapetomania] caused Blacks to have an uncontrollable urge to run away from their ‘masters.’ Cartwright’s recommended ‘treatment’ for this ‘illness’ was ‘whipping the devil out of them.’”<sup>4</sup>

In 1883, Francis Galton, an English psychologist, created the term “eugenics” from the Greek word, *eugenes*, meaning “good stock.” He encouraged using “better” human stock from which to breed, and discouraged what he considered “less desirable” stock from having children.

In 1895, Alfred Ploetz, a Swiss-German psychiatrist, published his race inferiority theories in the book *The Fitness of Our Race and the Protection of the Weak*. Calling his philosophy *Rassenhygiene* [racial hygiene], Ploetz discouraged medical care for “the weak.”

This laid the foundation for eugenics and racial suppression in countries around the world. The following is a small sample of the disastrous effects of his work—psychological and psychiatric statements from the late 1800s to early 1900s:

■ “The colored race has not the energy nor the persistence of the white.”<sup>5</sup>

■ “... education does not reach the deepest layer of his soul” of the “The Negro child.”<sup>6</sup>

■ In 1918, American eugenics advocate, Dr. Paul Popenoe claimed that the IQ of Blacks was determined by the amount of “white blood” in them. The lighter skinned the Black the higher their IQ, and the blacker he was, the lower the IQ.<sup>7</sup>

Benjamin Rush, the “father of American psychiatry” declared that the color of Blacks was caused by a rare, inherited disease called “Negritude,” which derived from leprosy. He said the only evidence of a “cure” was when the skin color turned white.



Paul Popenoe



Lewis Terman

## SCIENCE OF BIGOTRY

Intelligence testing in the hands of psychiatrists and psychologists became another means to forward racist views of man. Biased IQ testing was used extensively during the first half of the 20th century by eugenicist Paul Popenoe and psychologist Lewis Terman to belittle non-white races. Popenoe claimed, "The IQ of Blacks is determined by the amount of 'white' blood in them" and Terman asserted non-whites "could never be educated."

■ Dr. J.T. Dunston, a British psychiatrist and South Africa's Commissioner of Mental Hygiene, in 1923, claimed, "...the native, even of the best tribes, possibly belongs to a race which is mentally inferior to ours." His proof? Natives "generally have little idea of ... the passage of time. Even their dancing, of which they are very fond, presents no delicate motions—an important psychological point."<sup>8</sup>

In Australia, "genocide" was practiced a little differently. Mixed race children (usually of an aboriginal mother and a white father) were taken from their mothers, placed on government reserves in the care of Whites, and denied education about their ancestry and culture. It was racial genocide, an attempt to "breed out" the aboriginal race.

Native peoples in America and Canada, the New Zealand Maori, and other non-white populations were treated as similarly inferior as the Jews and Gypsies in Nazi Germany. As author Francis Pal Prucha wrote in *The Great Father*, "Indian children were taken from homes judged

Los Angeles Neuropsychiatric Institute proposed a "Violence Initiative" that would see to it that Blacks and Hispanics be treated with psychosurgery and chemical castration—a plan prevented by CCHR and allied organizations.

In 1992, psychiatrist Frederick Goodwin, Director of the NIMH, compared black youth living in inner cities to "hyperaggressive" and "hypersexual" monkeys in a jungle. The NIMH's second "Violence Initiative" targeted children as young as five to conduct research to see if African-Americans and Hispanics had a violent gene that could be controlled by psychiatric drugs.

"There is no place for [the Native] in the European community above the level of certain forms of labor ... for that reason it is of no avail for him to receive training."

— Hendrik Verwoerd,  
South African Prime Minister



Racist psychologist Hendrik Verwoerd (who became Prime Minister of South Africa in 1958) issued that country's first segregation policy in the 1930s, laying the groundwork for apartheid and with it, secret psychiatric camps where tens of thousands of Blacks were imprisoned and forced to work as "slave labor."

In 1997, CCHR presented testimony to the South African Truth and Reconciliation Commission about the psychiatric and psychological apartheid crimes. The Psychological Society of South Africa admitted that psychological studies had been deliberately aimed at discrediting Blacks as intellectually inferior.



German psychiatrist Eugen Fischer, co-author of *The Principles of Human Heredity and Racial Hygiene* (1921), urged the destruction of "Negro" children, theorizing that Blacks were devoid of value and useless for employment other than for "manual crafts."

Psychiatrists, on the other hand, used the post apartheid era to garner more business, diagnosing the response of Blacks to apartheid oppression as a "persecution complex."

#### DESTRUCTIVE EXPERIMENTS

Psychiatric "treatment" of minorities has also included some of the most barbaric experiments. In the 1950s in New Orleans, black prisoners had experimental electrodes implanted into their brains by psychiatrists Robert Heath from Tulane University and Harry Bailey from Australia. Bailey later boasted that they had chosen the test subjects on the basis that it was "cheaper to use Niggers than cats because they were everywhere and cheap experimental animals."<sup>11</sup>

At the U.S. National Institute of Mental Health (NIMH) Addiction Research Center in Kentucky in the 1960s, healthy African-American men were used as test subjects for the experimental chemical warfare drug, BZ, which was 100 times more powerful than LSD.

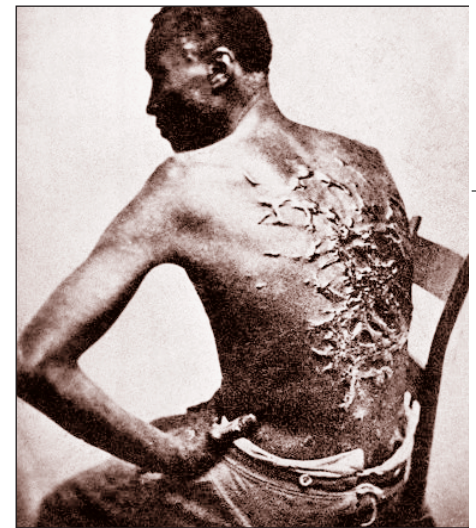
Following the 1960s riots in Watts (an African-American section of Los Angeles), Louis Jolyon West of University of California

unsuitable or harmful to them by the Bureau of Indian Affairs or state social workers and placed in foster or adoptive homes, usually non-Indian ... eventually [it] was perceived more accurately as a force destructive of Indian families and Indian children."

Intelligence tests (IQ) were another means to promote and preserve racist theories. In the 1950s, psychologist Lewis Terman, an "expert" in IQ testing, claimed that poor children could never be educated, and that Mexicans, Indians and Blacks should never be allowed to have children.

As recently as 1994, Charles Murray and Richard Herrnstein's book *The Bell Curve* arrogantly claimed that African-Americans and Hispanics do worse than Whites in intelligence tests, are "genetically disabled" and therefore cannot cope with the demands of modern society. Herrnstein, a psychologist, advocated selective breeding to prevent human "residue" from coming into existence.

Throughout their history of invented racial "diseases," arbitrary judgments on "better stock" and bogus scientific claims like "lower IQ" and "racial inferiority," psychiatry and psychology have not only legitimized 19th, 20th and 21st century racism, but also provided the reason for outright genocide.



In 1851, Samuel A. Cartwright "discovered" a mental disease peculiar to Black slaves that he called "Drapetomania" — the urge for slaves to run away from their "masters." The "treatment" prescribed was "whipping the devil out of them."

## CHAPTER TWO THE ROOTS OF MODERN GENOCIDE



Theories of psychiatrists Ernst Rüdin, Alfred Ploetz and Alfred Hoche inspired Adolf Hitler, who based his racist plans on their teachings—as detailed in his autobiography *Mein Kampf* (*My Struggle*).

Long before World War II, German psychiatrists had devised the “scientific” justification for euthanasia (“mercy killing”) based on “racial inferiority.” In 1911—22 years before the Nazi party came to power—psychiatrist Ernst Rüdin had already preached that “All nations have to haul around with them an extraordinary large number of inferiors, weaklings, sickly and cripples. ... Through a wise legislation [sterilization] ... we would also be able to pursue rationally the best avenues for breeding.”

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devoid of value and useless for employment other than for “manual crafts.”

The first “killing test” (gassing experiment) was conducted at Brandenburg psychiatric institution in 1940; 18 patients were murdered while psychiatrists and staff watched. Following the experiment’s “success,” the euthanasia [killing] program began. What followed was the Holocaust. Rüdin stated: “Only through the Fuhrer did our dream of over thirty years, that of applying racial hygiene to society, become a reality.”

### APARTHEID

The link between psychiatry, psychology and apartheid is long-standing. South African Prime Minister, Hendrik Verwoerd, a psychologist, had studied in German universities during the height of the Nazi psychiatrists’ racial hygiene planning. In 1928, Verwoerd, with the help of psychologists from America’s Carnegie Foundation, instigated an inquiry that blamed white poverty on black competition in South Africa’s job market, stating that “... long-continued contact with inferior colored races has in some respects had [harmful] social effects on the European.” His Nazi thinking was also obvious by the fact that South Africa’s segregation law was very similar to the Nazi psychiatrists’ Racial Purity Law banning Aryans and non-Aryans from marrying.

Like Nazi labor camps, for more than 30 years, “special” psychiatric institutions were run by secret agreement between the South African government and the private Smith Mitchell & Co. (now “Lifecare”), to “treat” black patients. Tens of thousands of Blacks were incarcerated against their will, drugged and subjected to painful electroshock without anesthetic. They were hired out to companies to perform unpaid labor.

Members of the Church of Scientology and CCHR exposed this in 1975, reporting their evidence to the World Health Organization (WHO). In 1977, the WHO responded with an investigation of the psychiatric camps. In 1983, its report stated, “... in no other medical field in South Africa is the contempt of the person, cultivated by racism, more concisely portrayed than in psychiatry.<sup>10</sup>... This situation ... certainly does have a parallel in the ownership and trading of slaves.”